University Of Baghdad	
Alkindy College Of Medicine/ Research Module	
Full name of	1-Muhammad Muthanna Kamal
students:	
	2-Taha Hassan Kareem
	3-Al-Muntaqa Ahmed Ali
Name of	Dr.Sahar Jassim Abid
Supervisor	
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	Random blood sugar two hours after meal in pregnant ladies after 24 weeks
Abstract	gestation
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	Background Gestational diabetes mellitus (GDM) is defined as any degree of glucose
	intolerance with onset or first recognition during pregnancy. It is the 2nd
	commonest medical complication of pregnancy after hypertension.
	Gestational diabetes has serious consequences on mothers and their
	children.
	Objectives
	To identify pregnant ladies with gestational diabetes mellitus after 24
	weeks gestation, who are at risk of developing it and identify some factors
	associated with gestational diabetes mellitus.
	Methods
	A cross sectional study carried out on 101 pregnant ladies with gestational
	age more than 24 weeks. The data was collected in Al-ilwya hospital, Al-
	kindy hospital and a local health care center in Al-dora from 14/2/2018 to
	4/4/2018.
	Results
	It was found that 16 cases (%15.8) had some kind of diabetes during this or
	previous pregnancies, with them being:
	(%7.9) had Diabetes Mellitus composed of (%1.9) type I and (%6) type II
	(%6) of these diabetic patients started as Gestational Diabetes in the
	previous pregnancy, whereas (%1.9) did not, them being type II patients.
	(%7.9) had gestational Diabetes Mellitus composed of (%2) diagnosed
	during our screening and (%5.9) was diagnosed in the previous pregnancy.
	Conclusion
	The study showed there are several medical condition may develops to
	woman with gestational diabetes mellitus. Delivery by caesarean section
	was significantly correlated with gestational diabetes mellitus, so if there is
	control for Gestational diabetes we could reduce the number of caesarean
	section

Module Coordinator

Prof Dr. Huda Adnan